

F. No. 22049/01/2019-NGO
Government of India
Ministry of Tribal Affairs
(NGO Division)

Shastri Bhawan, New Delhi
Dated: 18th June, 2025

To,

President/ Secretary
NGOs/VOs
(Receiving Grants from MoTA)

Subject: International Day of Yoga – 21st June – reg.

Sir/Madam,

As you are aware, **International Day of Yoga** is celebrated on **21st June every year**, with an aim to promote physical, mental, and spiritual well-being through the practice of yoga.

2. In this connection, it is requested to actively participate and take the lead in organizing Yoga Day events in your region. The activities may include: -

- a) Yoga session.
- b) Awareness campaigns on the benefits of yoga.
- c) Engagement of community members, especially youth, women, and senior citizens.

3. A brief report along with photographs of the event may kindly be shared with this Ministry to ngo-div@tribal.gov.in.

Yours faithfully



(S.P. Kalra)

Under Secretary to Government of India